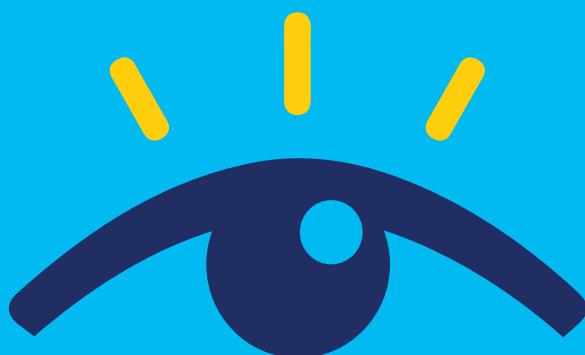


1–30 NOVEMBER 2023



# NGĀ KARU ME TE MATEHUKA

Nōnahea tō tirohanga karu  
ā-mate huka whakamutunga?

Ko te mate huka te take matua o te kāpōtanga i Aotearoa.

Ko te hunga katoa e pāngia ana e te mate huka kei te whakamōreatia e te matapōtanga, engari ka taea tēnei te kaupare ina tere kitea, tere haumanutia hoki.

Ki te rapu wā tika mō tētahi tirohanga karu,  
me ētahi atu mōhiohio mō te toronga hauora  
karu ā-mate huka, haere ki

[www.diabetesactionmonth.org.nz](http://www.diabetesactionmonth.org.nz)

